

Super Omega-3 EPA (180 Capsules)

Stock Number: 21909

Benefits:

- Offers a better value with 20%+ savings
- Supports brain health
- Encourages healthy circulatory function
- Includes lemon oil for improved taste

How It Works:

Omega-3 fatty acids are one of four basic fats that the body derives from foods. While many other fats are harmful, omega-3s benefit the body and are especially good for the heart. Super Omega-3 EPA is a source of two fatty acids, EPA and DHA. Supportive but not conclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease. The body uses omega-3 fatty acids as one of the primary components of cell membranes. Super Omega-3 EPA softgel capsules contain approximately 1,000 mg fish oil, with a ratio of 33:16 EPA to DHA per softgel capsule. It also contains lemon to significantly reduce the aftertaste from fish oil and to reduce gas.



Ingredients:

Eicosapentaenoic acid and docosahexaenoic acid from fish such as anchovy, sardine and mackerel.

Recommended Use:

Take 1 softgel capsule with a meal two or three times daily

Product Variations:

- Super Omega-3 EPA (60 Softgel Caps)
- Sunshine Heroes Omega-3 with DHA (90 Soft Chews)

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