

Yucca (100 Caps)

Stock Number: 770

Benefits:

- Supports the structural system.

How It Works:

Yucca grows abundantly in the southwestern U.S. and Mexico. The plant is also called soap root, with the reference to soap coming from a long historical use of the plant's roots as a foaming cleanser. Yucca contains large amounts of steroidal saponins, which account for its lathering ability. Saponins also support structural health due to their influence on joint health and function.

Ingredients:

Yucca root.

Recommended Use:

Take 1 capsule with a meal twice daily.



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