

# Tiao He® Cleanse (15 day)

Stock Number: 3050

## Benefits:

- Supports the intestinal system.
- Supports intestinal regularity.
- May improve energy and well-being.

## How It Works:

Tiao He Cleanse is a 15-day nutritional program designed to help the body achieve balance and harmony. It combines Chinese nutritional and Western herbal experience. The Tiao He Cleanse is designed to support the cleansing mechanisms of the body by targeting the intestinal, digestive and circulatory systems.

## Ingredients:

Each packet contains 1 capsule each of Chinese Liver Balance TCM Concentrate, All Cell Detox, LBS II, Psyllium Hulls, Burdock Root and Black Walnut ATC Concentrate.

## Recommended Use:

Take the contents of 1 packet 15 minutes before meals up to two times daily (for 15 days) with 8 oz. water, followed by another 8 oz. water. This should produce two or three bowel movements daily. If stools become too loose, reduce the number of packets you use. Continue the program until you have used all 30 packets. Not recommended for children.

**NOTE:** This product contains cascara sagrada, buckthorn, turkey rhubarb and ginseng. See your health care provider prior to use if: pregnant or nursing, any medical condition exists or when taking any medication. Read and follow recommendation carefully. Do not use if diarrhea, loose stools or abdominal pain are present or develop. Not intended for prolonged use. Use of this product may worsen these conditions and be harmful to your health. Chronic diarrhea can result in serious illness. May cause allergic reaction in persons sensitive to inhaled or ingested psyllium.

**NATURE'S SUNSHINE**



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