

Stress Relief TCM Concentrate (30 Caps)

Stock Number: 1033

Benefits:

- Nourishes the nervous system.
- May optimize gastric function.
- Supports circulatory health.

How It Works:

Chinese Stress Relief TCM Concentrate contains the same combination of 14 herbs found in Chinese Stress Relief but in a highly concentrated blend. These herbs and natural substances are used in Traditional Chinese Medicine to support emotional balance and calm a stressed fire constitution. The Chinese call this formula an shen, which can be translated to mean “to pacify the spirit.” These herbs may help to nourish the nervous system and subsequently help improve gastric function and strengthen the urinary system. The key ingredients are oyster shell, haliotis shell and fushen. In Chinese medicine, oyster shell is considered to be calming and is used to relieve anxiety. Haliotis has properties similar to oyster shell. Oyster shell and haliotis are principally made of calcium carbonate, which may support gastric and circulatory health. Fushen is used in Chinese modalities as a stabilizing herb for restlessness and to relieve anger.



Ingredients:

Concentrated extract of oyster shell, albizzia bark, polygonatum rhizome, haliotis shell, fushen sclerotium with root, acorus rhizome, curcuma root tuber, ginseng root, jujuba seed, polygala root, coptis rhizome, cinnamon twig, ginger rhizome and licorice root.

Recommended Use:

Take 1 capsule with a meal daily.

NOTE: Pregnant or lactating women should consult their health care provider prior to taking this supplement.

Product Variations:

- Stress Relief Chinese (100 Caps)

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