

Nervous Fatigue Chinese (100 Caps)

Stock Number: 1884

Benefits:

- Relieves stress and promotes feelings of well-being.
- Nourishes the circulatory and nervous systems.
- Supports digestion.
- Promotes sleep.
- Invigorates the body.

How It Works:

Traditional Chinese Medicine would consider this a fire-enhancing formula. Its Chinese name yang xin translates to “nurture the heart.” Weakness in the fire element usually manifests itself in the digestive, cardiovascular or reproductive system. Biota seed contains aromatic compounds that have a sedative effect. Jujuba seed contains bitter compounds that help promote relaxation. Schisandra, a supporting herb in this formula, allows the body to respond quickly to stress, thus increasing the body’s capacity to work. Its bitter compounds also support circulation. Ginseng acts as an adaptogen to help maintain balance in the body and help the body adapt to stress.

Ingredients:

Schisandra fruit, biota seed, cistanche stem, cuscuta seed, lycium fruit, ophiopogon root tuber, succinum amber, tang-kuei root, acorus rhizome, astragalus root, dioscorea rhizome, hoelen sclerotium, lotus seed, ginseng root, polygala root, polygonatum rhizome, jujuba seed and rehmannia root tuber.

Recommended Use:

Take 3 capsules with a meal three times daily.

Product Variations:

- Nervous Fatigue TCM Concentrate (30 Caps)



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