

# Nature's Harvest (465 g) (15 Servings)

Stock Number: 3090

## Benefits:

- Provides nutrient-dense plants, fruits and herbs for health and energy.
- Provides 75% of the Daily Value for 18 essential vitamins and minerals.
- Contains green foods, antioxidants, essential fatty acids, nutritive herbs, fiber and more.
- Provides 13 g vegetable protein per serving.
- Supports the intestinal and circulatory systems.
- Is vegan, dairy-free and lactose-free.



## How It Works:

Nature's Harvest drink mix packs powerful nutrition. It contains whole foods, greens, vegetable protein and many other nutrients.

## Ingredients:

**Vegetable Protein Blend** (pea protein [from split yellow peas], adzuki beans, black beans, garbanzo beans, rice protein [from brown rice]), **Green and Whole Food Blend** (amaranth, brown rice grain, spirulina, quinoa, flax seed hull lignans, chia, chlorella, millet, alfalfa, carrot, broccoli, rice bran and rice germ, artichoke, spinach, asparagus, kale, beet, parsley, chlorophyll), sunflower oil, **Natural Sweeteners** (fructose, stevia, brown rice syrup), Fiber Blend (short-chain fructo-oligosaccharides [scfos], soluble dietary vegetable fiber, pea fiber, bamboo fiber), natural flavors, Essential Fatty Acid Blend (flax seed, borage oil), **Antioxidant Fruit Blend** (mangosteen, goji, watermelon, blueberry, cranberry, grape skin, grape seed, pomegranate, acerola, lemon bioflavonoid), medium-chain triglycerides, **Herbal Blend**

(ceremonial grade matcha, lemongrass, chicory, horsetail), potassium citrate, sodium chloride, sodium citrate, **Enzyme Blend** (papaya, plant-derived proteolytic enzyme, bromelain), mono and diglycerides, ascorbic acid, beta glucans, xanthan gum, guar gum, carrageenan (Irish moss extract), sodium selenate, biotin, niacinamide, vitamin A palmitate, zinc oxide, copper gluconate, d-calcium pantothenate, manganese, vitamin D2, folic acid, potassium iodide, pyridoxine hydrochloride (vitamin B6), riboflavin (vitamin B2), thiamine hydrochloride (vitamin B1), sodium molybdate, cyanocobalamin (vitamin B12) and chromium chloride.

## Recommended Use:

Mix 2 scoops of powder with 8 oz. water or juice in the NSP Shaker. Shake vigorously and drink. Or blend with juice, water or your favorite fruits.

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