

# Nature's Cortisol Formula® (90 Caps)

Stock Number: 3209

## Benefits:

- May help with reaction to stress.
- May help maintain cortisol levels that are already within the normal range.
- May help maintain blood glucose levels already within the normal range.

## How It Works:

Cortisol is a hormone produced in the adrenal glands in response to stress. It promotes the formation of glucose, which is used as fuel during stressful situations.

Researchers have begun to notice a connection between cortisol levels and weight-management indicators, such as calorie consumption and weight gain.

This formula contains Relora® to help the body manage stress and maintain cortisol levels already within the normal range. Other key ingredients—banaba, holy basil, chromium and vanadium—help maintain blood glucose levels already within the normal range. This product also features DHEA, a hormone precursor that interacts with the adrenal glands, which may subsequently affect cortisol production. Nature's Cortisol Formula also features decaffeinated green tea extract (60% EGCG), l-theanine (Suntheanine®, which supports the body during times of stress) and calcium ascorbate.

## Ingredients:

60 mg vitamin C (100% Daily Value) 100 mcg chromium (83% DV), Relora (a proprietary blend of magnolia bark extract and phellodendron bark extract), holy basil leaves extract, green tea leaf extract, banaba leaf extract, l-theanine, DHEA and vanadium.

## Recommended Use:

Take 1 capsule with a meal three times daily. Combine with a sensible diet and exercise program. Please allow two to three months for best results. Individual results may vary.

**NOTE:**Not for use by individuals under the age of 18 years.



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