

Lung Support Chinese (100 Caps)

Stock Number: 1887

Benefits:

- May act as a tonic for the respiratory system.
- Supports the lungs and sinuses.
- Helps promote mucous membrane moisture.
- Offers additional benefits to the circulatory and urinary systems.

How It Works:

This Chinese combination was specially formulated to supplement the needs of a weakened metal constitution.

The Chinese call this formula *fu lei*, which can be translated to mean “strengthen the weak and thin.” Lung

Support is considered a lung tonic formula. Its primary herbs—anemarrhena, aster, bupleurum and astragalus—have been used in Traditional Chinese Medicine to boost the immune system, build energy and support the respiratory system.

Chinese Lung Support combines various herbs that have been used traditionally to support different parts of the respiratory system. Many of its ingredients have western counterparts. For example, astragalus is similar to goldenseal in the way it works with the immune system. Platycodon provides benefits somewhat like fenugreek. And aster helps support the smooth muscles much the way mullein does. Licorice root and ginseng root help the body combat stress. Chinese Lung Support may be beneficial as a nutritional aid for people experiencing occasional fatigue or loss of weight.

Ingredients:

Astragalus root, aster root, qingjiao root, platycodon root, anemarrhena rhizome, bupleurum root, lycium fruit, ophiopogon root tuber, ginseng root, tang-kuei root, atractylodes rhizome, blue citrus peel, citrus peel, schizandra fruit, typhonium rhizome and licorice root.

Recommended Use:

Take 3 capsules with a meal three times daily.

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