

# Liver Balance Chinese (100 Caps)

Stock Number: 1860

## Benefits:

- Supports the hepatic, digestive and nervous systems.
- Supports the liver cleansing function.
- May help reduce stress and restore vigor.
- Enhances digestion.
- May increase feelings of well-being.

## How It Works:

Liver Balance is a Chinese combination designed to support the needs of a stressed wood constitution. The Chinese call this formula *tiao he*, which can be translated to mean “harmonizing.” In Traditional Chinese Medicine, it is used to support both the digestive and nervous systems, optimizing liver health and reducing stress.

Its primary herbs—scute, peony, bupleurum and atractylodes—have been used traditionally to maintain normal nervous system function during mental stress and to support the upper digestive system during tension and distress. Bupleurum is the most important “cooling herb” according to Chinese herbology. It is believed to aid the upward flow of chi, or the body’s living force, thereby strengthening the body against stress. Other herbs support these functions in what the Chinese refer to as a “wood-reducing” formula.

## Ingredients:

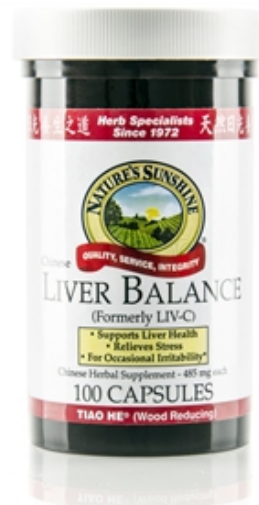
Bupleurum root, peony root without bark, typhonium rhizome, cinnamon twig, dang gui root, fushen sclerotium with root, scute root, zhishi fruit, atractylodes rhizome, ginseng root, ginger rhizome and licorice root.

## Recommended Use:

Take 4 capsules with a meal twice daily.

## Product Variations:

- Liver Balance TCM Concentrate (30 Caps)



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