

# HY-C Chinese (100 Caps)

Stock Number: 1886

## Benefits:

- Supports the circulatory and glandular systems.
- Helps maintain blood sugar levels already in the normal range.
- Supports healthy respiratory system function.

## How It Works:

The herbs in HY-C nutritionally support the glandular system and associated metabolic processes. According to Traditional Chinese Medicine, this formula is called bu yin, which means to “supplement yin.” In this case, yin is considered moisture. These herbs work to support the body as it attempts to reduce fire and strengthen water (support associated organs and maintain normal metabolic processes).

Rehmannia root helps maintain blood sugar levels already in the normal range. Eucommia has been used to support the liver, kidneys and muscles and to strengthen the lungs. Eucommia is also believed to support cardiovascular function. Ophiopogon is used in Chinese herbology to support yin and lung function. The plant is said to be a moisturizer, moistening the lungs and intestines.

## Ingredients:

Eucommia bark, glehnia root, rehmannia root tuber, ophiopogon root tuber, pueraria root, trichosanthes root, achyranthes root, alisma rhizome, anemarrhena rhizome, asparagus root tuber, hoelen sclerotium, moutan root bark, cornus fruit without seeds, licorice root, phellodendron stem bark and schizandra fruit.

## Recommended Use:

Take 3 capsules with a meal three times daily.

## Product Variations:

- HY-C TCM Concentrate (30 Caps)



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