

Collagen

Stock Number: 22336

Benefits:

- Skin Elasticity and Health*
- Healthy Hair*
- Strong Nails*
- Supports Bones & Joints*
- Support Gut Health*
- Electrolytes & Trace Minerals*
- NON-GMO, KETO Friendly, DAIRY Free, GLUTEN Free, PALEO Friendly



How It Works:

Beauty & Wellness

Nature's Sunshine's premium collagen peptides contain essential building blocks for beauty. They are easily incorporated into your daily routine and offer valuable structural benefits for youthful hair, skin and nails. Collagen also supports bones and joints for your active lifestyle. They help you look and feel fantastic!

Collagen is the single-most abundant protein in the body, comprising one-third of total proteins, and it forms the structural foundation upon which beauty is built. This fibrous protein of the extracellular matrix supports tissues including skin, and it supports hair and nails. It's rich in amino acids like glycine, proline and hydroxyproline. These aminos help provide collagen's characteristic, fiber-like structure and provide rigidity and resistance to stretching. Human studies show that collagen supports skin health by promoting elasticity and hydration. These important benefits aid in promoting and maintaining a more youthful appearance.

Premium collagen peptides offer a clean, effective source of pure protein. Studies have shown that when collagen hydrolysate is taken orally, it is absorbed as di- and tripeptides (two or three amino acids) typically rich in hydroxyproline. These smaller peptides are believed to enter circulation and reach target tissues like skin or cartilage where they help support collagen-producing cells (fibroblasts).

Ingredients:

Collagen peptides are certified non-GMO, gluten-free, dairy-free, Keto-friendly and Paleo-friendly. Proprietary Mineral Solubility & Electrolyte Blend.

Recommended Use:

Collagen is odorless, tasteless and mixes easily into any hot or cold beverage, smoothie or food. It is easily integrated into any daily wellness program. Stir 1 scoop into any beverage (coffee, tea, water, fruit juice, etc.), or add it to your favorite recipes. Use daily for best results.

NATURE'S SUNSHINE

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