

# Actual Patient Experiences

## as reported by David Markowitz, MD

### Hepatitis C and Transfer Factors

“Kim is a 37-year-old father of 4 children with advanced Hepatitis C, facing a long and expensive therapy with Interferon, a therapy fraught with many side effects. Kim decided to give the immune boosting capabilities of transfer factors and enhanced transfer factors a chance to aid his own body’s abilities to fight off viral infection, before he started this Interferon. Although his results are still preliminary and very early, thus far Kim has had very encouraging results. After 4-5 months of fairly consistent use of transfer factors and enhanced transfer factors, Kim’s liver function tests have improved dramatically and at times are within normal limits. He FEELS so much better and the complicating factors of gastroesophageal reflux (acid reflux) and constipation are now totally resolved. He has voluntarily stopped all of his reflux and bowel medications. His energy levels have increased and remain high, as long as he takes his immune boosters regularly. He too looks forward to sharing this experience with others with Hep C and the physicians who treat these challenged people. We wish Kim well in his goals of healing himself and others with 4LR.”

### Kim’s story in his own words 6/29/99:

I have a liver disease that is Hepatitis C, chronic hepatitis now. What comes along with that is a lot of problems with your digestive system, fatigue, and a lot of bowel problems. I have been fighting this thing for about a year, taking different drugs for my stomach for the acid reflux, controlling diarrhea and things like that. It was really a losing battle. I saw the ads for the enhanced transfer factors, and said why not because I had tried a lot of vitamins and herbs and tried a lot of things, and said why not try this. I went ahead and got it and I was pretty sick when I got it too. I just kept taking it and kept taking it and I started feeling better. It came day by day and especially with the chronic fatigue. A lot of days it was just absolutely everything you could do to get out of the bed, just to do the simplest things. I noticed I started getting more energy and then I noticed my stomach was not hurting as bad. I kept taking it and kept taking it and I noticed I was not having to take things to control my bowels as much. It just kept getting better and better and better. I got up to where I felt like getting outside and mowing on my lawn. I was getting out driving around and people were looking at me and saying, “You are looking good!” and saying, “You look like you are feeling better.” And I said, “Yeah, I do feel better.” They asked me why and I told them I tried this stuff and it seems to be working. It really did work to the point where I no longer take the expensive stuff for my stomach and the Imodium and things of that nature for the bowels. I got to where I was just taking the enhanced transfer factors and I also went and had my liver enzymes (checked) because that is a big thing when you have this disease. One month it was reading 300. After being on this for almost three weeks it dropped it down from 300 to 194 and that is a big significant drop. It just got me all excited and everything and feeling so good I just cannot say enough good things about it. I made one mistake. I ran out of it and that was my mistake, but I will not run out any more for sure. Anyone out there that has chronic fatigue and things of that nature, this definitely helps you.

Thirty-seven year-old male with Hepatitis C has shown documented improvement of liver function (by lab testing) after 2 ½ weeks of enhanced transfer factors, 2 capsules 3 times daily. He reports “greater energy, much improved acid reflux, and improved bowel function.”

### **An experience with HIV: Kenny's Story**

An early success with Immune Boosting naturally in a young man with HIV. KG is a 20 year old with Hemophilia who contracted HIV many years ago from "dirty" clotting factors used to treat his Hemophilia. KG has been on many regimens for his HIV, including most recently (within the past year), an experimental regimen with no positive response. If anything, he suffered from many of the side effects of retro-viral therapy. Five months ago, KG started a high dose regimen of transfer factors (3 caps 3 times daily) and enhanced transfer factors (2 caps 3 times daily), concurrent with his experimental therapy. He has remained infectious disease free throughout his transfer factors boosting. He also came to us with very exciting news in 9/99: he has a ZERO viral count and an increasing, now close to normal CD4 count of 475!!! Is Kenny out of the woods completely? No, but he is now well on his way to possibly being disease free. Kenny is a peer counselor and educator for HIV/AIDS and he is now spreading the word about transfer factors to members of the AIDS community. He is also a 4LR distributor and hopes to build a huge sales organization of persons challenged with HIV and Hepatitis C. As such, he said that he would not have to deal with the prejudices against those infected with HIV: seems that 4LR may just give Kenny a NEW LIFE, on many different levels. The power of transfer factors and 4LR continues.... Update 11/25/99: CD4 count now 525!!

### **Transfer Factors Support in Malignancy in Childhood**

ID is an eleven-year-old with a complex leukemia history. He was diagnosed with Acute Lymphoblastic Leukemia at age 2 with a relapse several years after chemotherapy. Next came a bone marrow transplant and THREE more relapses after the transplant. To add insult to injury, the last relapse was diagnosed as Acute Myeloblastic Leukemia, a VERY difficult cancer to treat. On to a very toxic course of chemotherapy and a slow definitive road to remission. ID was started on transfer factors initially at month 5 of chemotherapy to help support his immune function and hopefully, reduce the chances of infectious complications. Enhanced transfer factors were added 2 months later. His oncologist (my medical partner) has been very pleased and impressed with the results. First, ID "breezed through his therapy" tolerating very low blood counts, with no febrile (or infectious) episodes, and always in very good spirits. When last seen in early 11/99, ID was "thriving" and continues in full remission, with no infectious disease, enjoying a full life as a vigorous 11-year-old school kid. The "way Life should be." How have transfer factors impacted this young man? It most likely spared him the life-threatening complications of infectious disease. It apparently improved his tolerance of a very toxic course of chemotherapy. And it may be helping him in his daily immune fight against relapse and infectious stresses. Unquestionably, the fact that ID is alive is a miracle, one dictated by a "Higher Authority": the quality of his life may just be because of immune boosting with 4LR products... And his spirit and his will to live.

### **Follow-ups On Continuing "Victories"**

#### *Update (Winter 2000):*

As many of you will remember, we introduced Kenny, a hemophiliac young man who was diagnosed as HIV positive ten years ago. After many years of experimental meds, Kenny started taking transfer factors and enhanced transfer factors in high doses some 9 months ago. We announced his first ZERO viral count and almost normalized CD4 (white blood count) in our last QV newsletter. Now three months later, he has had repeated counts of ZERO HIV viral counts and a normal CD4 count. And continues to be infection-free! You may have seen Kenny's story in the November issue of Teen People Magazine. Now Kenny is sharing his extraordinary experience with others who suffer with HIV disease. Amazing what the immune-boosting power of transfer factors and enhanced transfer factors can do! As for Kim, our father our 37-year-old, father of four with Hepatitis C, he continues to very well, feeling stronger every day with virtually no GI problems whatsoever. We await his last set of liver function tests. ID, our 11-year-old with leukemia, continues in full remission, taking transfer factors and enhanced transfer factors daily, and again, with no infectious insults along the way. He attends school daily and lives the life of a normal, healthy school-aged child. Need we say more?

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### **An Experience With Juvenile Rheumatoid Arthritis**

Let me introduce Jessica, a beautiful 8-year-old girl with Juvenile Rheumatoid Arthritis, diagnosed when she was 4 years old. Jessica presented to our office in 1996 with bone pain and multiple swollen painful joints, particularly her ankles. She was sent to a Rheumatology expert because of a high suspicion of JRA. The diagnosis was confirmed and she was started on a complex therapy of multiple medications, including Naproxyn, Indocin, and Methotrexate. She had a marginal response to initial therapy with some improvement in function, but she could still not "be a normal child", active in sports and dance without daily pain and discomfort. We introduced her mother to the concept of transfer factors and the Fibro products. After some education and research, she decided to give it a try. And after some practice, Jessica learned to swallow Fibro capsules, (and by the way, was very proud she could do it!). Within four weeks, she showed significant improvement. Within eight weeks, we considered her in full remission, with no joint swelling or pain. And she has remained in remission since then, now a full 9 months! She now danced at will and does not suffer the discomfort of past months. All of this is a result of using the natural support products of 4LR. And by the way, she has had no infectious diseases requiring office visits or antibiotics since starting transfer factors!

### **A Dear Friend With Fibromyalgia**

Rita is a 52-year-old with a history of chronic bone and muscle pain that affected her on a daily, literally moment-to-moment basis. She was given multiple diagnoses, until finally the diagnosis of Fibromyalgia was made in mid 1999. She visited us in July of 1999 and we shared the Fibro regimen of 4LR (transfer factors, Fibro Day and Night, and EFA's) with her. She tried it for a month, with "astounding" results within the first four weeks of supplementation. Now a full 6 months into supplementation, she rarely requires any pain medication (an occasional Advil or aspirin) and now lives a full life with little, if any discomfort. She will start taking Nutra-Leane soon and hopes to have a positive experience with weight control. Most importantly, her spirit has returned to the Rita we once knew. And all we did was share what we have learned from 4LR! Sharing is a powerful thing! This is our second success story with people with Fibromyalgia, the first being a 63-year-old grandmother of 5, who now "can hug her grandchildren the way a grandmother should be able to." She too has a "full life" with an estimated 80% reduction in pain and nearly full function, with much improved sleeping at night.

### **Everyday "Quiet Victories"**

A 17-month-old toddler come to the pediatric office with a complaint of three days of fever, poor sleeping and poor feeding, associated with a week's congestion and cough. He is diagnosed as having his fifth ear infection in 5 months and is sent home on this fifth 5-10 day course of antibiotics and anti-cough and cold medication. This time, he doesn't tolerate his meds well, with multiple diarrhea stools, a yeast dermatitis, and a hive-like rash, necessitating a change in antibiotics, bowel rest, and an antihistamine for his hives. Three days later, and five days out of Daycare, with parents missing four days of work, our little patient is finally better. Consumption of transfer factors is started by his parents (out of pure frustration and worry) at low daily dosing (1 cap/day). Two weeks later, he arrives at our office with a cold, but nothing more. Three months later, we see him for a well child visit, with amazed and delighted parents. A year later, another well child visit and no reported illnesses. This is an everyday occurrence in our Pediatric office... This is the real power of the immune boosting with transfer factors, and we have now seen this for two full consecutive "sick seasons" in this General Pediatric office.

### **Lyme Disease Comments by Ken Singleton, MD**

"Lyme Disease is a serious problem in the United States. Unfortunately it is difficult to diagnose after the initial stage of infection. I have observed that those patients who do well with treatment for Lyme (which can

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be very difficult to treat after the initial stage), do well if their immune systems are functioning optimally. Factors which promote good immune function include: proper diet, exercise, stress control, spiritual health, and immune enhancers. The best immune enhancer that I know of is transfer factors. I would start slowly and build up the dose slowly." KS

### **UPDATE Continuing "Victories": Follow-ups (Spring/Summer 2000)**

As many of you will remember, we introduced Kenny, a hemophiliac young man who was diagnosed as HIV positive ten years ago. After many years of experimental meds, Kenny started taking transfer factors and enhanced transfer factors in high doses some 12 months ago. We announced his first ZERO viral count and almost normalized CD4 (white blood count) in our first QV Newsletter. Now nine months later he has had repeated counts of ZERO HIV viral counts and his latest CD4 count of 600! And continues to be infection-free! As an adolescent peer counselor, Kenny has now started a newly energized effort to share transfer factors with the HIV world. ID, our 11-year-old with leukemia, continues in FULL REMISSION, taking transfer factors and enhanced transfer factors daily, and living a full life and anticipating a great summer. His blood counts remain good and remains infection free since starting these products. Jessica, our 9-year-old with Juvenile Rheumatoid Arthritis, remains in full remission without pain and still very active. She has had two bouts of Strep throat, but was able to avoid the heavy viral season of Maine this past year. We now have three adult friends with Fibromyalgia, all on full 4LR regimens, doing well and proving "you don't have to learn to live with it."

### **Veterinary Success Using Transfer Factors: Steven Slagle, DVM**

Transfer factors and enhanced transfer factors have turned out to be the most effective and versatile products I have ever used in my 32-year veterinary practice. Here are a few examples:

- A foal with joint ill had been lame for 3 days with an extremely swollen hock and a 104.5 temperature. I recommended that this foal be hospitalized due to the severity of infection, but the client could not afford such care. I then recommended penicillin injections daily and transfer factors, 3 caps 3 times daily. The foal received only 2 injections of penicillin, but a full course of transfer factors. 48 hours later, my client reported a remarkably quick recovery with normal temperature and appetite with no apparent lameness.
- A cat with leukemia, an oral tumor, and posterior paralysis due to a spinal tumor, was very ill and emaciated. One month after enhanced transfer factors (1 cap daily), there was some regression of the oral tumor, restored appetite with some weight gain, and increased sociability. Five months later, she continues to improve, regaining normal weight, 80% regression of her oral tumor, and regaining use of hind legs and tail.
- Victor, a 10-year-old gelding, with EPM was treated with conventional drug therapy for 5 weeks and yet continued to deteriorate. At week 6, I started him on enhanced transfer factors (6 caps/day). Within one week, he showed noticeable improvement, and within 30 days, he was able to show. Since his full recovery 4 months ago, Victor has continued to show at his original performance level.

I have used these products as stand-alone and in conjunction with allopathic therapies in the following cases with excellent results: (Note all cancer cases were given enhanced transfer factors only)

**CANCER:** Canine lipomas, Canine/feline hepatic tumors, Equine squamous cell carcinoma, Equine melanomas; Feline leukemia, oral tumors.

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**VIRAL/BACTERIAL:** Upper and lower respiratory infections, Canine/feline dermatoses, Equine/bovine scours, Equine septic arthritis, Feline abscesses.

**PARASITIC/FUNGAL/AUTOIMMUNE:** E.P.M., Feline and equine fungal dermatitis, and Feline autoimmune gingivitis.

### **KIDS4LIFE FOUNDATION NOW "OFFICIAL"**

We are delighted to announce now the Kids4Life Foundation is now officially registered with a 501(C)3 IRS non-profit determination pending. K4L Foundation has three major missions: To provide TF and TF+ for children "of all ages" in need, to fund research in the clinical use of TF et al., and to help other small children's health and wellness non-profit organizations. We announced the Foundation at the Convention 2000, and raised over \$3000, with our first product being sent to needy families in mid May. We currently have dozens of families on a wait list for product. If you know of someone in need, fax us a note of certification/request and we will do our best to fulfill their needs. Our website [www.kids4life.org](http://www.kids4life.org) will be up and running after June 15, 2000, and we encourage all like-spirited people to get involved. This Foundation is meant to be YOUR foundation as we help to spread the word about transfer factors. We already have requests to fund several projects in the US and Africa (children with HIV) and look forward to many worthwhile efforts throughout the US and the world!

#### **Testimony of Simon given by Patti Baker 8/24/99**

Simon has Hepatitis C; he started taking transfer factors on April 18<sup>th</sup>. He had his periodic examination at a veteran's hospital before starting on the transfer factors on that day. His BP was very high and his liver count was up to 190. On August 10<sup>th</sup> he had another exam at the VA hospital and his BP was normal, and his liver count was down to 60. Needless to say, his doctor was amazed and asked what he was doing. Simon told him the only thing he was doing different was transfer factors.